



LAKESHORE

F O O D A D V I S O R S



Weekly Update

Monday, June 26th, 2023

U.S. Equities End Bullish Streak. The major U.S. equity indexes all decreased more than 1.0% last week, snapping eight weeks of weekly advances for the NASDAQ, five for the S&P 500, and three for the Dow. In testimony before Congress, U.S. Federal Reserve Chair Jerome Powell stated that the Fed's goal to reduce inflation still has "a long way to go," and that additional interest-rate hikes are likely in the coming months. The Fed will discuss whether to restart rate rises at its July 25-26 meeting after holding rates steady at its previous meeting.

The **Dow Jones Industrial Average** was down 1.7% on the week, finishing at 33,727.

The **S&P 500** decreased 1.4% for the week, finishing at 4,348.

The **NASDAQ Composite** was down 1.4% on the week, finishing at 13,493.

Yield on the **10-year Treasury** dropped four basis points this week, ending at 3.74%.

Crude oil decreased 3.9% on the week, ending at \$69.16 per barrel.

Corn fell 1.6% on the week, ending at \$5.88 per bushel.

NASDAQ Highs: John B. Sanfilippo & Son, Inc. **Lows:** Cal-Maine Foods, Inc., Seneca Foods Corporation, Willamette Valley Vineyards, Inc.

NYSE Highs: Lamb Weston Holdings, Inc., McCormick & Company, Incorporated, Shake Shack Inc., US Foods Holding Corp. **Lows:** Dine Brands Global, Inc., Flowers Foods, Inc.

Featured Stocks of the Week:



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The Lakeshore Food Chain

Company Name	Price	Price	52-Week Range		Price as Compared to		Forward	Enterprise Value to		Total Debt to LTM
	6/23/23	Compared to 6/16/23	High	Low	YE:			Revenue	EBITDA	
Dow Jones Industrial Average	33,727	(1.7%)	34,590	28,726	1.8%	(7.2%)	0.0x			
S&P 500	4,348	(1.4%)	4,426	3,577	13.3%	(8.8%)	19.6			
NASDAQ Composite Index	13,493	(1.4%)	13,783	10,213	28.9%	(13.8%)	0.0			
Russell 3000 Index	2,491	(1.6%)	2,542	2,076	12.4%	(10.7%)	0.0			
Sector Average:					14.1%	(10.1%)				

AGRICULTURAL LAND HOLDINGS										
Farmland Partners Inc.	\$11.80	(5.3%)	\$15.12	\$9.44	(5.3%)	(1.3%)	58.0x	19.28x	35.2x	13.5x
Gladstone Land Corporation	15.94	(7.5%)	27.45	14.95	(13.1%)	(52.8%)	NM	13.07x	16.6	9.2
Limoneira Company	15.68	0.6%	17.90	11.00	28.4%	4.5%	120.6	1.85x	187.1	91.4
Sector Average:					3.3%	(16.5%)	89.3	11.40x	25.9	38.0

INPUTS										
American Vanguard Corporation	\$17.22	0.9%	\$24.38	\$15.01	(20.7%)	5.1%	15.2x	1.04x	9.9x	2.0x
* BASF SE	42.24	(7.6%)	54.04	37.90	(9.0%)	(31.6%)	9.4x	0.68x	9.1x	2.1x
* Bayer Aktiengesellschaft	50.50	(3.5%)	65.66	46.70	4.5%	7.4%	7.0x	1.69x	7.3x	3.7x
CF Industries Holdings, Inc.	70.56	(1.0%)	119.60	60.08	(17.2%)	(0.3%)	9.5x	1.63x	2.9x	0.6x
Corteva, Inc.	57.23	0.0%	68.43	50.03	(2.6%)	21.0%	19.1x	2.49x	12.2x	1.4x
FMC Corporation	105.73	(1.0%)	134.38	98.24	(15.3%)	(3.8%)	13.2x	2.95x	11.8x	3.0x
Intrepid Potash, Inc.	21.02	(2.9%)	56.66	17.23	(27.2%)	(50.8%)	29.8x	0.90x	2.3x	0.1x
The Mosaic Company	34.21	(4.5%)	63.16	31.44	(22.0%)	(12.9%)	6.9x	0.82x	2.7x	0.8x
* Nutrien Ltd.	77.56	(2.0%)	132.75	70.69	(21.5%)	(18.4%)	9.2x	1.19x	3.9x	1.4x
S&W Seed Company	1.12	1.8%	2.14	0.63	(24.8%)	(59.0%)	NM	1.46x	NM	NM
Zoetis Inc.	168.37	(1.4%)	187.82	124.15	14.9%	(31.0%)	30.5x	10.19x	24.6x	2.0x
Sector Average:					(12.8%)	(15.8%)	15.0x	1.49x	8.7x	1.7x

AGRICULTURAL EQUIPMENT										
* Ag Growth International Inc.	\$48.43	(3.1%)	\$63.40	\$28.80	11.7%	52.9%	10.1x	1.19x	9.0x	4.8x
AGCO Corporation	129.77	(1.6%)	145.53	88.55	(6.4%)	11.9%	9.0x	0.85x	6.1x	1.2x
Art's-Way Manufacturing Co., Inc.	2.25	0.5%	3.16	1.80	16.6%	(36.4%)	0.0x	0.59x	8.1x	3.1x
* Buhler Industries Inc.	2.05	(3.8%)	2.58	1.51	6.2%	(30.7%)	0.0x	0.47x	29.7x	18.6x
CNH Industrial N.V.	13.73	(5.5%)	17.98	10.60	(14.5%)	(29.3%)	7.8x	1.63x	11.1x	6.9x
Deere & Company	404.45	(0.8%)	448.40	283.81	(5.7%)	18.0%	12.9x	2.92x	12.6x	4.3x
Lindsay Corporation	124.99	(1.8%)	183.08	116.16	(23.2%)	(17.8%)	18.2x	1.88x	9.9x	1.0x
Titan Machinery Inc.	28.94	5.2%	47.87	21.50	(27.2%)	(14.1%)	6.1x	0.52x	6.3x	3.1x
Sector Average:					(5.3%)	(5.7%)	8.0x	1.26x	9.0x	3.5x

AGRIBUSINESS										
The Andersons, Inc.	\$45.24	0.6%	\$46.48	\$29.35	29.3%	16.9%	16.6x	0.17x	7.2x	3.1x
Archer-Daniels-Midland Company	72.90	(3.4%)	98.28	69.92	(21.5%)	7.9%	11.4x	0.50x	7.6x	2.0x
Bunge Limited	94.04	(2.5%)	106.99	80.41	(5.7%)	0.7%	8.2x	0.28x	3.9x	1.4x
Ingredion Incorporated	104.14	(2.4%)	113.46	78.81	6.3%	7.8%	11.5x	1.14x	8.1x	2.3x
MGP Ingredients, Inc.	98.23	(4.3%)	125.74	90.69	(7.7%)	15.6%	19.1x	3.01x	14.5x	1.4x
* Olam Group Limited	1.41	(2.8%)	1.71	1.17	(3.4%)	(19.4%)	0.0x	0.30x	8.0x	8.1x
Sector Average:					(0.4%)	4.9%	11.1x	0.90x	8.2x	3.1x

DIVERSIFIED FOODS										
B&G Foods, Inc.	\$14.10	1.5%	\$26.13	\$10.91	26.5%	(54.1%)	13.3x	1.56x	10.6x	7.5x
Campbell Soup Company	45.59	(1.8%)	57.78	45.42	(19.7%)	4.9%	14.8x	1.99x	9.5x	2.6x
Conagra Brands, Inc.	34.09	(1.6%)	41.30	32.30	(11.9%)	(0.2%)	12.2x	2.11x	10.4x	4.1x
General Mills, Inc.	81.32	0.8%	90.89	68.82	(3.0%)	20.7%	18.3x	2.96x	14.5x	2.9x
The Hain Celestial Group, Inc.	12.58	2.4%	25.48	11.73	(22.2%)	(70.5%)	20.4x	1.13x	12.6x	5.8x
The J. M. Smucker Company	150.32	(1.8%)	163.07	125.55	(5.1%)	10.7%	16.0x	2.18x	10.8x	2.6x
Kellogg Company	65.16	(1.7%)	77.17	63.74	(8.5%)	1.1%	15.7x	1.90x	14.3x	3.6x
The Kraft Heinz Company	35.91	(2.9%)	42.80	32.73	(11.8%)	0.0%	12.3x	2.36x	8.6x	2.7x
Lancaster Colony Corporation	200.33	7.7%	220.65	126.82	1.5%	21.0%	31.0x	2.99x	22.8x	0.1x
Mondelez International, Inc.	73.10	(0.6%)	78.59	54.72	9.7%	10.2%	22.4x	3.61x	16.5x	3.3x
* Nestlé S.A.	108.78	0.7%	118.70	103.42	1.5%	(14.6%)	21.5x	3.57x	16.9x	2.9x
* Nomad Foods Limited	17.50	(2.9%)	20.32	12.50	1.5%	(31.1%)	10.3x	1.57x	9.2x	4.4x
Post Holdings, Inc.	85.09	(2.6%)	98.84	77.59	(5.7%)	(24.5%)	19.9x	1.77x	12.3x	6.3x
The Simply Good Foods Company	36.06	(2.7%)	41.91	29.21	(5.2%)	(13.3%)	21.0x	3.31x	17.4x	1.8x
Sovos Brands, Inc.	19.44	5.0%	20.58	12.74	35.3%	29.2%	29.5x	2.51x	14.0x	3.0x
SunOpta Inc.	9.23	(0.2%)	15.90	8.58	(18.9%)	5.2%	0.0x	1.35x	14.3x	4.9x
TreeHouse Foods, Inc.	51.86	(0.8%)	55.30	39.51	5.0%	28.0%	19.8x	1.26x	12.4x	4.4x
Unilever PLC	47.77	0.4%	50.93	42.39	1.9%	1.5%	0.0x	2.37x	12.2x	2.6x
Utz Brands, Inc.	16.24	(0.4%)	19.98	13.30	2.4%	1.8%	29.1x	2.12x	24.4x	8.2x
Sector Average:					(1.4%)	(3.9%)	17.2x	2.24x	13.9x	3.9x

Company Name	Price 6/23/23	Price Compared to 6/16/23	Price		Price as Compared to		Forward P/E	Enterprise Value to LTM:		Total Debt to LTM EBITDA
			52-Week Range		YE:			Revenue	EBITDA	
			High	Low	2022	2021				
ETHANOL										
Alto Ingredients, Inc.	\$2.41	(2.4%)	\$5.30	\$1.20	(16.3%)	(49.9%)	53.6x	0.20x	NM	NM
Green Plains Inc.	30.19	(6.2%)	41.25	26.33	(1.0%)	(13.1%)	31.6x	0.64x	149.2x	53.0x
REX American Resources Corporation	32.93	(2.6%)	36.31	26.05	3.4%	2.9%	14.5x	0.44x	6.7x	0.3x
Sector Average:					(4.7%)	(20.0%)	33.2x	0.43x	77.9x	26.6x
FRUIT & VEGETABLE										
AppHarvest, Inc.	\$0.36	(12.2%)	\$4.84	\$0.32	(36.6%)	(90.7%)	NM	8.53x	NM	NM
Calavo Growers, Inc.	32.08	2.3%	45.50	22.64	9.1%	(24.3%)	24.9x	0.62x	20.6x	2.7x
Dole plc	13.32	(4.0%)	14.01	7.20	38.0%	0.0%	15.3x	0.30x	6.4x	3.8x
Fresh Del Monte Produce Inc.	25.74	(4.2%)	32.49	23.09	(1.7%)	(6.7%)	12.5x	0.44x	6.1x	2.1x
Lamb Weston Holdings, Inc.	114.69	0.3%	116.00	69.70	28.3%	81.0%	23.4x	4.01x	18.7x	3.1x
Mission Produce, Inc.	12.10	0.5%	16.96	9.81	4.1%	(22.9%)	22.4x	1.14x	20.6x	5.4x
Seneca Foods Corporation	38.34	(10.2%)	68.74	37.85	(37.1%)	(20.0%)	0.0x	0.52x	6.8x	4.3x
Sector Average:					0.6%	(12.0%)	16.4x	1.17x	13.2x	3.6x
PROTEIN										
Beyond Meat, Inc.	\$12.91	0.4%	\$44.59	\$9.82	4.9%	(80.2%)	NM	4.37x	NM	NM
Cal-Maine Foods, Inc.	44.42	(6.9%)	65.32	44.01	(18.4%)	20.1%	7.9x	0.50x	1.5x	0.0x
Darling Ingredients Inc.	58.84	(9.6%)	82.69	51.77	(6.0%)	(15.1%)	9.9x	2.04x	8.8x	4.0x
Hormel Foods Corporation	40.47	(1.9%)	51.69	37.78	(11.2%)	(17.1%)	22.0x	2.02x	12.3x	1.7x
* JBS S.A.	17.18	(3.9%)	33.86	15.12	(21.9%)	(54.7%)	10.9x	0.37x	5.2x	4.0x
Nathan's Famous, Inc.	76.29	(4.2%)	83.00	53.38	13.5%	30.7%	0.0x	2.81x	9.5x	2.2x
Pilgrim's Pride Corporation	20.85	(3.7%)	33.96	20.59	(12.1%)	(26.1%)	11.8x	0.48x	5.7x	2.4x
Seaboard Corporation	3650.00	(1.5%)	4242.95	3295.00	(3.3%)	(7.2%)	0.0x	0.41x	4.3x	1.8x
Tyson Foods, Inc.	49.50	(1.8%)	88.76	47.11	(20.5%)	(43.2%)	21.1x	0.49x	6.0x	2.1x
Vital Farms, Inc.	13.18	(0.4%)	18.18	7.89	(11.7%)	(27.0%)	43.6x	1.15x	2.7x	0.1x
Sector Average:					(8.7%)	(22.0%)	10.5x	1.14x	6.2x	2.0x
BAKING & INGREDIENTS										
Balchem Corporation	\$128.98	(5.6%)	\$143.88	\$116.68	5.6%	(23.5%)	30.1x	4.81x	22.7x	2.2x
Flowers Foods, Inc.	24.45	(1.9%)	30.16	24.28	(14.9%)	(11.0%)	20.3x	1.33x	11.2x	2.3x
* Gruma, S.A.B. de C.V.	269.63	(2.6%)	287.06	190.82	3.4%	2.7%	13.8x	1.23x	8.5x	2.3x
* Grupo Bimbo, S.A.B. de C.V.	91.94	(0.2%)	103.41	62.73	11.6%	46.0%	21.6x	1.29x	9.3x	2.2x
J&J Snack Foods Corp.	156.12	0.3%	165.90	127.80	4.3%	(1.2%)	33.5x	2.11x	22.1x	1.1x
* Kerry Group plc	87.10	(3.1%)	107.90	84.10	3.4%	(23.1%)	19.8x	2.01x	14.9x	2.7x
Krispy Kreme, Inc.	14.28	(0.9%)	16.06	10.21	38.4%	(24.5%)	40.7x	2.39x	15.1x	5.2x
McCormick & Company, Incorporated	93.79	1.2%	94.39	70.60	13.1%	(2.9%)	34.7x	4.69x	25.1x	4.5x
* Tate & Lyle plc	7.24	(4.7%)	8.38	6.48	1.8%	(6.2%)	13.0x	1.78x	11.1x	2.3x
Sector Average:					7.4%	(4.9%)	25.3x	2.40x	15.5x	2.8x
CANDY, NUTS, & SNACKS										
Bridgford Foods Corporation	\$11.75	0.2%	\$15.50	\$10.71	(1.4%)	(3.0%)	0.0x	0.39x	6.8x	0.6x
The Hershey Company	259.09	(0.6%)	276.88	211.49	11.9%	33.9%	26.5x	5.36x	20.9x	1.8x
John B. Sanfilippo & Son, Inc.	124.25	(0.6%)	127.26	69.58	52.8%	37.8%	0.0x	1.44x	13.2x	0.4x
Laird Superfood, Inc.	0.83	1.0%	2.92	0.65	(1.2%)	(93.6%)	NM	NM	NM	NM
Rocky Mountain Chocolate Factory, Inc.	5.50	1.9%	7.35	4.77	(3.5%)	(29.9%)	0.0x	1.06x	NM	NM
Tootsie Roll Industries, Inc.	36.91	(3.2%)	46.11	32.04	(10.7%)	8.1%	0.0x	3.47x	22.9x	0.1x
Sector Average:					8.0%	(7.8%)	5.3x	2.34x	15.9x	0.7x
PET FOOD AND PRODUCTS										
Central Garden & Pet Company	\$37.74	(2.7%)	\$45.89	\$35.60	0.8%	(28.3%)	15.0x	1.01x	8.9x	3.8x
Freshpet, Inc.	61.85	(3.2%)	73.48	36.02	17.2%	(35.1%)	NM	4.74x	NM	NM
Sector Average:					9.0%	(31.7%)	15.0x	2.87x	8.9x	3.8x
WINE & BEVERAGE										
The Boston Beer Company, Inc.	\$312.70	(6.1%)	\$422.75	\$298.36	(5.1%)	(38.1%)	37.9x	1.80x	18.3x	0.3x
Brown-Forman Corporation	65.04	(0.6%)	78.15	60.90	(1.0%)	(10.7%)	31.5x	8.05x	25.2x	2.2x
The Coca-Cola Company	61.20	(0.8%)	65.47	54.02	(3.8%)	3.4%	23.1x	6.80x	19.3x	3.2x
Constellation Brands, Inc.	242.38	(1.5%)	261.32	208.12	4.6%	(3.4%)	20.7x	6.09x	37.3x	3.6x
Crimson Wine Group, Ltd.	6.64	(0.9%)	7.59	5.11	18.4%	(19.5%)	0.0x	1.79x	30.4x	4.4x
* Diageo plc	33.05	(1.5%)	39.60	32.75	(9.5%)	(18.1%)	19.6x	5.41x	14.7x	3.2x
Monster Beverage Corporation	59.11	1.1%	60.47	42.81	16.4%	23.1%	37.4x	9.07x	33.7x	0.0x
National Beverage Corp.	49.17	(0.9%)	57.65	38.40	5.7%	8.5%	27.9x	3.85x	20.7x	0.2x
PepsiCo, Inc.	186.07	0.0%	196.88	160.98	3.0%	7.1%	25.1x	3.33x	18.3x	2.6x
Starbucks Corporation	98.34	(3.5%)	115.48	74.87	(0.9%)	(15.9%)	26.0x	3.94x	14.5x	2.7x
Willamette Valley Vineyards, Inc.	5.75	(2.4%)	6.69	5.73	(3.6%)	(33.6%)	0.0x	2.46x	39.6x	9.1x
Sector Average:					2.2%	(8.9%)	22.6x	4.78x	24.7x	2.9x

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			52-Week Range		YE:			Revenue	EBITDA	EBITDA	
			High	Low	2022	2021					
DAIRY											
* Danone S.A.	\$56.09	1.4%	\$61.88	\$46.75	13.9%	2.7%	16.1x	1.67x	10.4x	3.3x	
Lifeway Foods, Inc.	6.98	1.4%	8.10	4.55	25.7%	51.6%	18.5x	0.71x	12.9x	0.8x	
* Saputo Inc.	29.63	(3.5%)	37.50	27.72	(11.6%)	4.0%	16.3x	0.91x	10.9x	2.7x	
Sector Average:					9.3%	19.4%	17.0x	1.10x	11.4x	2.3x	
WHOLESALE, FOOD SERVICE, & DISTRIBUTION											
The Chefs' Warehouse, Inc.	\$33.19	(0.4%)	\$42.16	\$28.70	(0.3%)	(0.3%)	20.7x	0.74x	10.8x	4.5x	
Performance Food Group Company	57.77	2.6%	63.22	42.77	(1.1%)	25.9%	14.2x	0.26x	10.1x	3.5x	
SpartanNash Company	21.71	1.8%	37.75	20.61	(28.2%)	(15.7%)	9.2x	0.16x	7.0x	3.7x	
Sysco Corporation	72.45	(1.3%)	88.84	69.22	(5.2%)	(7.8%)	16.6x	0.63x	11.8x	2.9x	
United Natural Foods, Inc.	20.24	(3.3%)	48.26	19.62	(47.7%)	(58.8%)	12.5x	0.15x	4.8x	3.6x	
US Foods Holding Corp.	41.94	0.7%	42.49	25.49	23.3%	20.4%	15.6x	0.45x	12.4x	4.0x	
Sector Average:					(9.9%)	(6.0%)	14.8x	0.40x	9.5x	3.7x	
MASS MERCHANDISE, CLUB STORES, & DOLLAR STORES											
BJ's Wholesale Club	\$62.89	3.0%	\$80.41	\$60.33	(4.9%)	(6.1%)	15.5x	0.59x	8.5x	2.3x	
Costco Wholesale Corporation	524.44	0.2%	564.75	447.90	14.9%	(7.6%)	34.1x	0.97x	21.3x	0.8x	
Dollar General Corporation	171.15	4.2%	261.59	151.27	(30.5%)	(27.4%)	16.8x	1.44x	9.2x	3.0x	
Dollar Tree, Inc.	143.67	5.5%	175.68	128.85	1.6%	2.2%	22.8x	1.42x	8.4x	2.1x	
Grocery Outlet Holding Corp.	29.05	1.1%	46.37	25.71	(0.5%)	2.7%	28.1x	1.12x	13.0x	4.3x	
Walmart Inc.	155.46	(0.0%)	158.23	119.89	9.6%	7.4%	24.5x	0.77x	12.1x	1.7x	
Sector Average:					(1.6%)	(4.8%)	23.6x	1.05x	12.1x	2.4x	
TRADITIONAL & SPECIALTY RETAIL											
Albertsons	\$21.46	0.4%	\$30.17	\$19.14	3.5%	(28.9%)	7.6x	0.35x	5.3x	2.9x	
* Ahold Delhaize	30.24	0.5%	32.51	24.31	12.7%	0.3%	11.8x	0.50x	6.2x	2.6x	
Amazon.com, Inc.	129.33	3.1%	146.57	81.43	54.0%	(22.4%)	75.5x	2.75x	21.1x	2.6x	
Ingles Markets, Incorporated	83.61	(1.1%)	102.99	78.32	(13.3%)	(3.2%)	0.0x	0.33x	4.1x	1.3x	
The Kroger Co.	46.14	(0.1%)	52.00	41.82	3.5%	1.9%	10.1x	0.34x	6.0x	2.4x	
Natural Grocers by Vitamin Cottage, Inc.	12.11	2.6%	17.63	8.00	32.5%	(15.0%)	14.6x	0.57x	5.4x	3.2x	
Sprouts Farmers Market, Inc.	34.49	2.0%	39.99	24.95	6.5%	16.2%	12.9x	0.75x	6.3x	2.1x	
* Tesco PLC	2.49	(5.4%)	3.07	1.94	11.0%	(14.2%)	11.6x	0.44x	6.8x	3.6x	
Village Super Market, Inc.	21.99	(1.1%)	24.28	19.09	(5.6%)	(6.0%)	0.0x	0.28x	3.8x	2.5x	
Weis Markets, Inc.	64.63	(3.2%)	95.57	58.75	(21.5%)	(1.9%)	0.0x	0.34x	5.1x	0.6x	
Sector Average:					8.3%	(7.3%)	14.4x	0.66x	7.0x	2.4x	
TRADITIONAL RESTAURANTS											
Brinker International, Inc.	\$34.05	(6.4%)	\$42.12	\$21.47	6.7%	(6.9%)	10.0x	0.90x	6.4x	3.8x	
The Cheesecake Factory Incorporated	32.35	(4.1%)	41.28	26.05	2.0%	(17.4%)	11.1x	1.00x	8.2x	4.4x	
Cracker Barrel Old Country Store, Inc.	90.46	(4.8%)	121.17	81.87	(4.5%)	(29.7%)	14.8x	0.93x	9.2x	3.5x	
Darden Restaurants, Inc.	161.30	(2.8%)	168.98	111.38	16.6%	7.1%	18.5x	2.39x	12.8x	3.0x	
Dine Brands Global, Inc.	57.58	(3.1%)	82.43	57.09	(10.9%)	(24.0%)	9.3x	2.69x	11.2x	7.8x	
Jack in the Box Inc.	90.70	(0.0%)	97.99	54.80	32.9%	3.7%	14.3x	2.83x	8.1x	5.2x	
McDonald's Corporation	289.91	(1.3%)	298.86	230.58	10.0%	8.1%	25.8x	11.02x	18.3x	3.6x	
Papa John's International, Inc.	70.87	(4.8%)	97.78	66.74	(13.9%)	(46.9%)	24.9x	1.58x	12.6x	3.9x	
Texas Roadhouse, Inc.	108.81	(1.1%)	116.72	71.95	19.6%	21.9%	22.4x	1.87x	14.3x	1.3x	
The Wendy's Company	21.41	(4.7%)	23.90	18.34	(5.4%)	(10.2%)	21.1x	3.78x	16.2x	8.7x	
Yum! Brands, Inc.	135.60	(2.2%)	143.25	103.97	5.9%	(2.3%)	25.4x	7.22x	20.7x	5.2x	
Sector Average:					5.4%	(8.8%)	17.9x	3.29x	12.5x	4.6x	
HIGH-GROWTH RESTAURANTS											
Chipotle Mexican Grill, Inc.	\$2,043.68	0.5%	\$2,139.88	\$1,233.61	47.3%	16.9%	44.6x	6.58x	27.4x	1.7x	
El Pollo Loco Holdings, Inc.	9.29	(6.4%)	13.00	8.15	(6.7%)	(34.5%)	12.3x	1.22x	8.0x	3.5x	
Noodles & Company	3.37	0.6%	6.55	3.12	(38.6%)	(62.8%)	15.1x	0.81x	6.2x	3.9x	
Potbelly Corporation	7.91	(2.3%)	11.14	4.31	42.0%	41.8%	33.0x	0.87x	5.6x	2.8x	
Shake Shack Inc.	73.95	4.0%	76.14	37.79	78.1%	2.5%	NM	3.56x	24.7x	5.4x	
Wingstop Inc.	187.32	(0.5%)	223.77	72.11	36.1%	8.4%	87.2x	15.76x	52.4x	6.2x	
Sector Average:					26.4%	(4.6%)	38.4x	4.80x	20.7x	3.9x	
CANNABIS & CBD											
Canopy Growth Corporation	\$0.68	(18.1%)	\$6.44	\$0.66	(78.3%)	(93.8%)	NM	2.56x	NM	NM	
Cronos Group Inc.	2.37	5.8%	4.88	2.15	(31.1%)	(52.4%)	NM	NM	NM	NM	
Jones Soda Co.	0.22	3.1%	0.48	0.18	(18.3%)	(70.3%)	0.0x	0.84x	NM	0.0x	
The Scotts Miracle-Gro Company	57.40	(8.0%)	90.01	39.06	18.1%	(64.3%)	17.9x	1.88x	11.6x	6.2x	
Tilray Brands, Inc.	1.52	(2.6%)	5.12	1.50	(43.5%)	(78.4%)	NM	2.01x	NM	NM	
Village Farms International, Inc.	0.59	(12.3%)	3.53	0.56	(55.7%)	(90.7%)	NM	0.41x	NM	NM	
Sector Average:					(34.8%)	(75.0%)	8.9x	1.54x	11.6x	3.1x	

Notes:

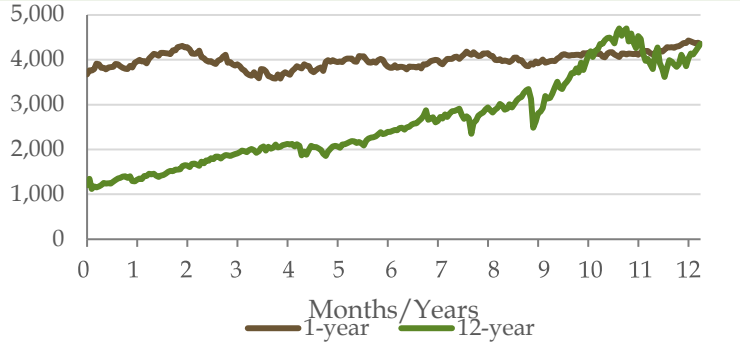
*Denotes local currency.

Source: Capital IQ.

Summary multiples adjusted for extraordinary and non-recurring items; outliers excluded from mean calculation

Major Indices (1-year & 12-year History)

S&P 500



Dow Jones Industrial Average



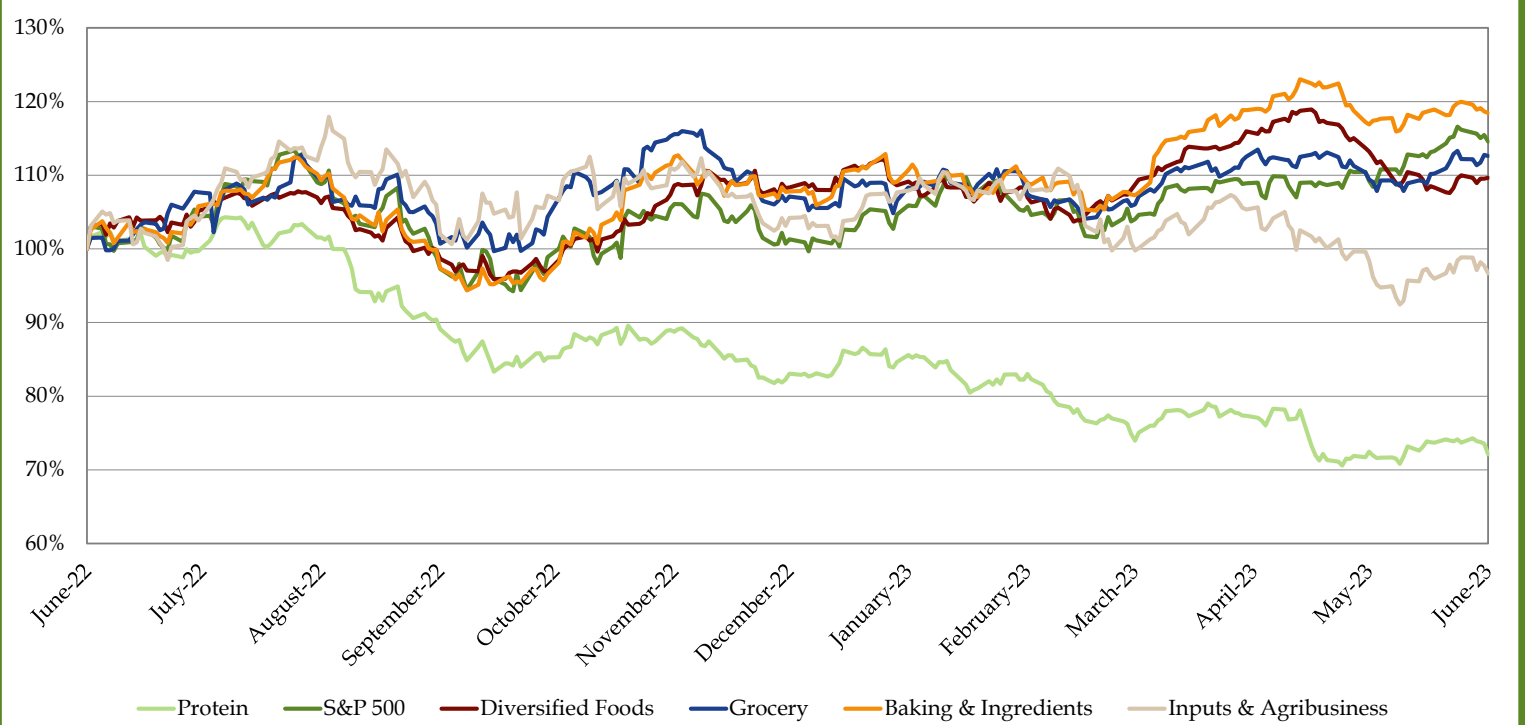
10-year Treasury



CBOE Market Volatility Index - VIX



Lakeshore Sector Indices vs. S&P 500 (1-year)



Food For Thought...

Partner Column
Written by Mary Burke

Due to travel, there will be no partner column this week.

Kroger's Earnings Show Shifts in Consumer Preferences.

Following Kroger's Q1 Earnings reported in last week's Weekly Update, Kroger executives attributed the increase in customer trips and household growth in the recent quarter to loyalty discounts, personalized digital coupons, and a wide range of private label products. The company saw growth in mainstream and higher-income customer households, shifting from specialty retailers to Kroger. These customers tend to purchase premium private-label brands, fresh items, and larger pack sizes, making them more profitable. On the other hand, budget-conscious households are buying fewer items due to declining food assistance program benefits, opting for lower-priced products and smaller pack sizes.

Kroger's private label business experienced 4.9% growth in the quarter. The recently introduced Smart Way brand, an opening price point brand, has enhanced the overall brand architecture and contributed to the company's momentum. Kroger's digital sales also grew by 15% in the quarter, and management expects double-digit sales increases to continue throughout 2023.

Kroger's integration planning for the Albertson's merger continues to progress. The two remain on track for the transaction to close in early 2024. Kroger remains committed to not laying off workers or closing facilities. The company continues to work with regulators to identify which stores it will need to spin off.

Lab Grown Meat Approved for Sale. The U.S. Department of Agriculture has approved consuming cultivated meat from cells extracted from an animal. The first grower, GOOD Meat, a division of Eat Just, has just announced that the USDA has approved the sale of their first poultry product, cultivated chicken. The USDA has also cleared the sale of UPSIDE Food's cultivated chicken.

GOOD Meat has been selling its cultivated chicken since 2020 in Singapore, the first country to allow the sale of lab-grown meat. Their co-founder and CEO, Josh Tetrick, said about the approval, "This announcement that we're now able to produce and sell cultivated meat in the United States is a major moment for our company, the industry and the food system."

Problems Arise in Mexican American Tomato Trade. The Florida Tomato Exchange (FTE) is urging a new approach to the Mexico-U.S. tomato trade, claiming that negotiated minimum price agreements with Mexican growers have failed

to protect U.S. tomato growers. The FTE has requested the termination of the 2019 Suspension Agreement and imposed antidumping duties on Mexican tomatoes, citing the inability of the agreement to prevent unfairly traded Mexican tomatoes from harming the U.S. tomato industry. According to the FTE, loopholes and the perishable nature of fresh tomatoes make the agreements ineffective.

In response, Lance Jungmeyer, president of the Fresh Produce Association of the Americas, dismissed the allegations, stating that consumers prefer vine-ripened tomatoes from Mexico over tomatoes from Florida. He argued that imposing taxes on Mexican tomatoes would burden shoppers.

The FTE contends that suspension agreements should prevent injury to the domestic industry caused by dumping, but none of the agreements covering Mexican tomato imports have met this requirement. Over time, Mexico's share of the U.S. tomato market has grown to nearly 70%, while U.S. producers hold about 30%. The dispute highlights the ongoing tension between Florida tomato growers and Mexican tomato exporters, with each side advocating for its interests in the trade relationship.

Generative AI is the Beginning of Grocery's Evolution.

Transforming the grocery industry by revolutionizing online operations, marketing strategies, and search experiences, generative AI is one of the newest innovations to reach the grocery industry. Grocers need to rapidly upskill and integrate generative AI capabilities to unlock their full potential.

Generative AI offers various opportunities for website enhancement. Retailers can frequently update visual designs to cater to specific shopping occasions, providing shoppers with a fresh experience. Additionally, generative AI can benefit consumers by generating gift ideas and suggesting recipes. This technology enables grocers to engage in real-time, personalized conversations with consumers, offering recommendations and adding convenience to their shopping experience.

AI can be used to best determine how to specifically retain and attract new loyalty program members. It can analyze members' preferences, enabling custom generated promotions to drive loyalty and sales. While generative AI shows promise, it is still in its early stages, with potential future regulations and copyright issues that could arise. Embracing generative AI is crucial for grocers to thrive in the ever-evolving retail landscape. By leveraging its capabilities effectively, grocers can stay ahead of the competition and boost margins.

Heard on the Street...

Private Equity Firm Acquires Two Waffle Companies. Arbor Investments acquired Golden Malted and Heartland Waffles from Roch Capital early last week for an undisclosed amount. Arbor's Senior Operating Partner, Tim Fallon, will step in as chairman and interim CEO, while Golden Malted-Heartland's senior leadership will stay in their roles. Based in Glen Mills, Pennsylvania, the combined entity will function as a waffle iron and mix supplier to the hospitality and foodservice industry. The companies distribute their mixes, toppings, and flavorings to over 40,000 customer locations across North America.

"Our specialized approach will enable us to further expand the Company's distribution, innovate its product offerings, and optimize the supply chain," Arbor Vice President George Russell said. Russell also said he sees the company expanding further into the hotel industry and to colleges nationwide.

KeHE Distributors Finalizes Acquisition of DPI Specialty Foods. KeHE Distributors, a natural distributor for grocery stores, supermarkets, and online vendors, completed the acquisition of DPI Specialty Foods from Arbor Investments. DPI is a wholesale distributor of specialty foods. The two companies will continue to operate as separate entities moving forward. Together, the companies boast over 80,000 SKUs, 6,100 suppliers, and seven million square feet of warehouse space across the nation. The details of the acquisition were not released.

With each company generating an annual revenue of over one billion dollars, the combined forces will be one to reckon with. KeHE CEO Deb Konklin shared, "combining KeHE and DPI's long histories of success and preeminent category expertise will enable retailers to respond more quickly to customer demand, offer additional supplier opportunities, and deliver enhanced customer experiences."

Ferraro Foods Expands Through Acquisition of GDS Foods, Inc. Ferraro Foods, a distributor of specialty Italian foods and foodservice supplies to pizzerias and Italian restaurants, has acquired GDS Foods, Inc. GDS has annual sales of \$50 million, compared to Ferraro's of \$1.3 billion. Ferraro Foods believes that this acquisition will further its position in the Northeastern pizza markets, which have the nation's largest concentration of independent pizzerias. Last month, Ferraro announced a 230,000-square-foot warehouse and distribution center in Long Island, adding another hub in the Northeast to serve their customers with haste and freshness.

BetterBrand Secures \$170M Valuation after Series A Round. The food tech company secured six million dollars in Series A Funding, valuing the company at \$170 million. This valuation is higher than Tesla or Facebook at the same stage. Aimee Yang, the founder of BetterBrand, joins the 150 women who have raised over five million dollars from institutional investors.

The company's *Grain-changing Technology* has been viewed as a high-growth opportunity, and the company will unveil sixteen new SKUs by the end of the year, utilizing this technology in each design. The company's high protein, low carb bagel, The Better Bagel, was introduced in 2021 and quickly exploded in popularity. Following its debut on the shelves of Whole Foods, The Better Bagel brought in over one million dollars in sales within just five months. BetterBrand has raised almost ten million dollars since its founding in 2021. The company aims to increase its market share in the \$12 trillion refined carbohydrate industry.

Pet Food Partnerships Across the Industry. Polkadog, an all-natural dog treat company in Boston, has partnered with Choice Pet Products, a pet product distributor, to expand its distribution abilities and channels. The relationship will allow Polkadog access to independent pet retailers throughout Florida. Polkadog believes their partnership with the selective pet product distributor will enable them to successfully penetrate a new market.

In addition to the Polkadog-Choice Pet alliance, PawLove joined forces with Walmart. Allowing the all-natural treats and chews company to expand its footprint nationwide.

Lastly, Montana Dog Food Co. has partnered with the distributor Fauna Foods Corporation. This is Montana's third distribution partnership since launching earlier this year. With Fauna Foods distributing, Montana will now be available to retailers in Connecticut, New York, and New Jersey. The Big Sky Country-inspired dog food company is excited to be sharing its creations on the East Coast alongside Fauna Foods moving forward.

These trends show the need for strategic alliances in the pet food industry. With the increasing popularity of all-natural, allergen-free pet products to owners, widened distribution efforts allow for further access to the market. The global pet food market is expected to grow at 5.11% CAGR until 2029, reaching a \$163.7 billion value. Increasing distribution will allow these companies to capture more of the value offered.

Dashboard

Sector	Outlook		Sector	Outlook	
	6-month	3-year		6-month	3-year
INPUTS			SUMMER 2023 ALCOHOL TRENDS		
<ul style="list-style-type: none"> s/ Seasonal demand and lower comparative inventories have stabilized US fertilizer pricing w/ Mexico reached an agreement with food manufacturers to use only non-GMO corn in tortilla production across the country w/ The Center for Food Safety has sued the EPA on the approval of Corteva's Enlist One and Enlist Duo herbicides s/w/A Federal Judge vacated a set of approvals for a proposed Idaho phosphate mine that was slated to be used by Bayer 	↔	↑	<ul style="list-style-type: none"> Hard Teas - Twisted Tea faces a lot more competition this year from national and regional brands Mocktails - From craft mocktails to complete mocktail bars, non drinkers have plenty of fresh, flavorful options Pink Drinks - Pink rums, gins, and vodkas join rose wines and drinks flavored with berries Mezcal/Tequila - Tequila sodas and mezcal margaritas expand the ways to consume these spirits CBD/THC Drinks - With marijuana legal in 23 states, beverages containing CBD and/or THC are gaining popularity 		
AG EQUIPMENT			CANDY & NUT		
<ul style="list-style-type: none"> s/ Deere's financial services business shows steady leasing activity and decreasing delinquencies s/ Combine sales remain very strong, up 54.6% in May compared to last year and 68.3% year-to-date s/ Kubota announces partnership with ZeroNox to develop electric powertrain components s/w/ Claas becomes fifth manufacturer (joining Deere, Kubota, CNH, and AGCO) to sign right-to-repair agreement with Farm Bureau 	↔	↑	<ul style="list-style-type: none"> s/Bazooka Candy Brands announced plans to sell its iconic bubble gum business - expecting to fetch around \$700mm s/w/ Cocoa futures have risen 21% YTD, helping struggling cocoa farmers, but making indulgences more expensive s/ Mars Wrigley reported the successful implementation of a new digital supply chain - truck utilization jumped from mid-80s to 95% w/ Oreo maker Mondelez International was recently the victim of cyber attack involving sensitive info of 50,000+ employees 	↑	↑
AGRIBUSINESS			DAIRY		
<ul style="list-style-type: none"> s/w/ Possible further consolidation as the industry's top competitors, Bunge and Viterra, announce plans to merge w/ Weather volatility presents possible advantageous trading opportunities w/ Ukraine's ag output down 36% from 2021, intensified by dam failure w/ China has begun importing corn from South Africa, U.S. corn exports down 35% this year 	↑	↑	<ul style="list-style-type: none"> s/w/ US dairy cow slaughter continues to run above replacement as high feed costs and weakening milk prices shrink margins w/DFA, the US's largest dairy co-op, has ended its membership in IDFA over disagreements on FMMO update proposals w/s/US milk production has been slow to respond to reduced dairy pricing as May milk production was higher than expected w/ Demand and prices for Chinese milk have fallen hard, increasing the risk of lower-than-expected imports for 2H 2023 	↓	↔
DIVERSIFIED FOODS			WHOLESALE, FOOD SERVICE & DISTRIBUTION		
<ul style="list-style-type: none"> s/ Treehouse Foods riding boom in private label, analysts expect earnings to double in 2023 s/ J.M. Smucker anticipates margin improvement in FY 2024 due to cost savings and higher prices w/ Kraft Heinz feeling pushback from customers after last round of price increases w/ Trading interest in packaged-food stocks has soured as tailwinds from price hikes fade away w/ Sugar prices are soaring while El Niño is expected to add additional pressure on farmers, limiting supply further 	↔	↑	<ul style="list-style-type: none"> s/ Success of Cava IPO shows continued demand for fast-casual, better-for-you concepts in urban markets s/ Dominos launches Pinpoint Delivery for hyper-local delivery without a street address (park bench, youth sporting event, etc.) s/ Diesel prices have leveled off after falling for most of the past year; remain higher than pre-2022 levels w/ Grubhub cuts 400 positions, just months after DoorDash cut 1,250 jobs 	↔	↔
ALTERNATIVE FUELS			TRADITIONAL RETAIL		
<ul style="list-style-type: none"> s/ EU ethanol sets new record for greenhouse gas reduction, use of ethanol from ePURE cut emissions by 78.4% vs fossil fuels s/ DOE launches Clean Fuels & Products shot to increase biomass and waste feedstocks use as part of Energy Earthshot program s/w/ U.S. EPA increased biomass-based diesel renewable volume obligations for 2024 and 2025, reduced RVOs for biofuels s/w/ Biden admin increased biodiesel blending mandates for refiners, but biofuel industry says mandates aren't high enough w/ Corn use for ethanol in April was down month over month and year over year, per USDA 	↑	↑	<ul style="list-style-type: none"> w/ Due to higher volumes and the heat, grocery food waste increases an average of 20% in summer months compared to winter s/ Kroger and Albertsons will divest up to 650 stores in order to receive regulatory approval for merger s/ Online grocery sales are expected to increase at a CAGR of 11.7% over the next five years s/ Overall retail grocery prices rose 5.8% in the year through May, the slowest pace in more than two years w/ Next month, Illinois state grocery tax will revert to 1% after being suspended for a year 	↑	↔
FRUIT & VEGETABLE			NON-TRADITIONAL RETAIL		
<ul style="list-style-type: none"> s/ Following Dole-Fresh Express, M&A activity has flourished in produce (Intergrow/Mastro, Mr. Greens, Organicgirl) w/ Peach prices up double digits yoy as Georgia growers suffered significant crop losses and a shorter season s/w/ Multiple controlled environment growers go under as capital dries up (Aerofarms, Kalera) s/ Blueberries continue rapid growth increasing reliance on imports with over 60% of total supply coming from abroad 	↑	↑↑	<ul style="list-style-type: none"> s/ Food and beverage CPG spending in the convenience segment grew 5% yoy while unit sales fell 2% s/ Dollar General announces expansion into 48th state despite their recent lackluster performance w/ The total online grocery market declined in May driven by lower online order frequency for active users s/ Spikes in food prices have driven increased traffic to limited assortment stores such as Lidl and Aldi 	↑	↑↑
PROTEIN			BIG PICTURE INDUSTRY DRIVERS		
<ul style="list-style-type: none"> w/ USDA approves cultivated meat to be sold, produced by extracting cells from an animal's body s/ California delays Prop 12 enforcement until end of 2023 w/ Persistent drought conditions have caused over a 2 billion pound decline in U.S. beef production s/ Walmart to build a \$275 million beef processing facility to produce "case ready" meat s/w/ U.S. pork industry is oversupplied as demand drops and wholesale values fall under \$1.50 a pound 	↓	↔	<ul style="list-style-type: none"> Cost of capital Midwest drought Shift to El Niño Grocery tax to be reinstated Farm bill up in September for renegotiations Advancements in technology Inflation Geopolitical uncertainty 		

Commodities Overview (1-year & 12-year History)

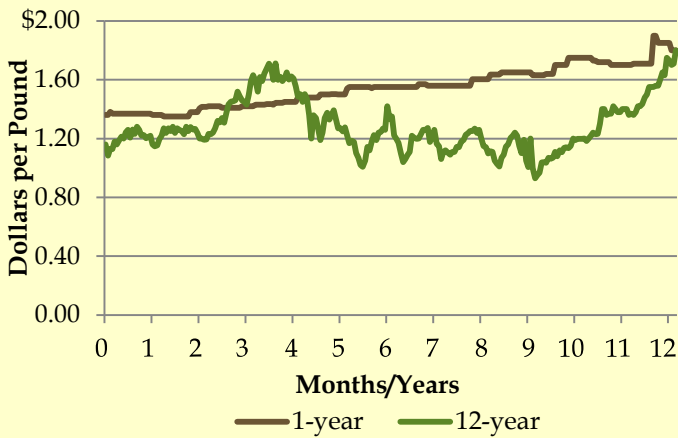
Soybeans



Sugar



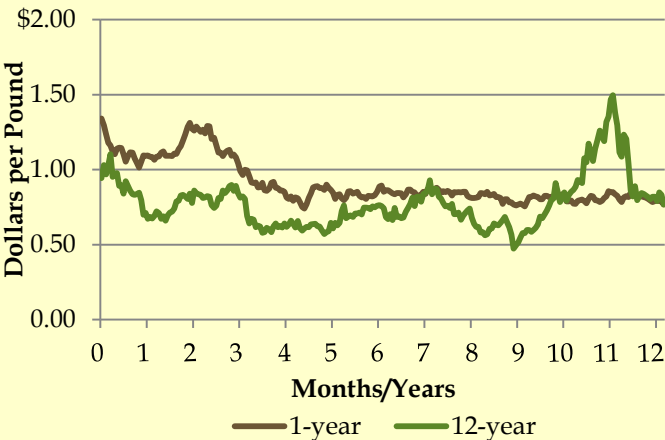
Cattle



Milk



Cotton



Oil



Sources: Thomson Financial Data Securities, Capital IQ, Reuters, Edgar Online, Wall Street Journal, Barron's, New York Times, Bloomberg, Chicago Tribune, Denver Post, MarketWatch, USDA, The Economist, BusinessWeek, Food Institute, Food Business News, Supermarket News, LPC, Company Press Releases. The information contained in this publication is compiled using publicly available news/media sources and industry-specific sources that Lakeshore Food Advisors, LLC ("LFA") believes to be reliable, but the accuracy and completeness of which LFA cannot guarantee.

Please send your feedback and comments to Mary Burke at lakeshorefoodadvisors@lakeshorefoodadvisors.com.